



2008 CALIFORNIA BODYSURFING CHAMPIONSHIPS

Saturday, September 27, 2008

7:30 a.m. Check-in Site: Depends on Surf Conditions. We'll call you the night before.

2 p.m. Check-in for Tandem & Pure

Contest Information: 831-479-1332

www.santacruzbodysurfing.org

.....Detach. Mail lower part. Save upper part.....

Name _____ Phone _____ Age _____

E-Mail _____ Cell Phone _____

Address _____ City _____ Zip _____

DIVISIONS (Ages 16+)

____ Yes! Sign me up! Enclosed is my \$40 Donation. Includes t-shirt (Beach entries \$50)

____ Yes! Reserve a seat for me at the Aloha Island Grille on Friday night.

____ Yes! ____ person(s) will be attending the post-contest BBQ at Sunny Cove:

We can bring _____ to share at the BBQ.

____ Yes! I will be participating in the Sunday Expression Session at 26th Avenue

____ Yes! I plan to be at Tish's for brunch. I will eat ____ pancakes. I also plan to bring _____ to share.

____ Bummer! I can't make the contest. Here's \$5.00 to keep me on the mailing list.

CHECKS PAYABLE TO:
Tish Denevan
MAIL TO:
2808 Lakeview Drive.
Santa Cruz, CA 95062

RELEASE: I certify that I have trained for this event by stuffing ice cubes down my wetsuit and swimming ____ miles per week in the hot tub and/or rolling naked in the snow. In consideration of my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims for damages which may hereafter accrue to me against the Santa Cruz Bodysurfing Association, its officials and agents, of any and all liability or responsibility arising from any injury (frostbite, etc.) received or incurred by participating in the bodysurfing contest. My release is also given for the reproduction of any photographs taken of me or including me in media coverage. I certify that I will never sue the SCBSA or the contest sponsors for any reason, and that if I even mention the word "lawsuit" while on the beach or in the waves, anyone, anytime can drop in on me, rip my fins off and hold me under water for two or more minutes.

Signature _____ Date _____

(Must be signed by Parent if under 18 years of age)

Friday, September 26

PRE-CONTEST PARTY

7 pm Aloha Island Grille. Walk from Sunny Cove. 17th Ave and Portola Drive

Saturday, September 27

CONTEST DAY

7:30 am. Contest check-in. First heat in the water at 8:00 am. Last heat usually ends at noon.

12-2 pm Lunch on your own. Check out below for places to eat.

2 pm Tandem & Pure. Sign up with Contest Director.

5 pm Award Ceremony

6 pm Post contest BBQ. BYOB (no glass) and a dish to share if you can.

Sunday, OCTOBER 28.

EXPRESSION SESSION & BRUNCH

9 am Expression session at 26th Avenue. Park in the Moran Lagoon parking lot.

11 am Walk over to Tish's house from the Expression Session for the Pancake Brunch and a hot shower.

JOIN US FOR ALL OR SOME OF THE FUN EVENTS PLANNED FOR THE WEEKEND OF
September 26-28th.

HOTEL GUIDE

LOCAL FAVORITE: **Ocean Echo** www.oceanecho.com

NEW MOTEL: Close to Sunny Cove **Bella Notte** www.bellanotteinn.com

BEST VIEW: **Dream Inn** www.jdvhotels.com/dream

BEST ON WEST SIDE: **Mission Inn** www.mission-inn.com

BEST FOR VISITING THE BOARDWALK: **Carousel Motel** www.santacruzmotels.com

FOOD GUIDE

BEST CHEAP MEXICAN FOOD: **Taqueria Vallarta** 893 41st Avenue, Santa Cruz

BEST PIZZA: **Pleasure Pizza** 4000 Portola Drive at 41st Ave, Capitola

BEST BREAKFAST: **Harbor Cafe** 535 7th Ave, Santa Cruz

BEST MARGARITAS AND NACHOS: **Café Palomar** 2222 East Cliff Drive at the Harbor, Santa Cruz

BEST SALAD/HEALTHY FAST FOOD: **Hank's at the Hook** 800 41st Ave, Capitola

BEST ITALIAN: **Star Bene** 1245 East Cliff Drive, Santa Cruz

BEST DONUTS: **Ferrell's** opens early for coffee and donuts: 2227 Mission Street, Santa Cruz