



# 2007 CALIFORNIA BODYSURFING CHAMPIONSHIPS

Presented by the Santa Cruz Bodysurfing Association

## Saturday, October 20

**8 am Check-in: Laguna Beach/6 miles north of Santa Cruz**

**2 pm Check-in: Pure and Tandem: Sunny Cove Beach/17th Avenue & Portola Drive**

**Contest Information: 831-425-5334 or jcwaverider114@yahoo.com**

.....Detach. Mail lower part. Save upper part.....

Name \_\_\_\_\_ Phone \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

### DIVISIONS (Ages 16+)

\_\_\_\_ Yes! Sign me up! Enclosed is my \$30 entry fee. Includes t-shirt and prizes. (Beach entries \$35)

\_\_\_\_ Yes! Reserve a seat for me at the Aloha Island Grille on Friday night.

\_\_\_\_ Yes! \_\_\_\_ person(s) will be attending the post-contest BBQ at Sunny Cove:

We can bring \_\_\_\_\_ to share at the BBQ.

\_\_\_\_ Yes! I will be participating in the Sunday Expression Session at 26<sup>th</sup> Avenue

\_\_\_\_ Yes! I plan to be at Tish's for brunch. I will eat \_\_\_\_ pancakes. I also plan to bring \_\_\_\_\_ to share.

\_\_\_\_ Bummer! I can't make the contest. Here's \$5.00 to keep me on the mailing list.

**CHECKS PAYABLE TO:**  
**Tish Denevan**

**MAIL TO:**  
**2808 Lakeview Drive**  
**Santa Cruz, CA 95062**

RELEASE: I certify that I have trained for this event by stuffing ice cubes down my wetsuit and swimming \_\_\_\_ miles per week in the hot tub and/or rolling naked in the snow. In consideration of my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims for damages which may hereafter accrue to me against the Santa Cruz Bodysurfing Association, its officials and agents, of any and all liability or responsibility arising from any injury (frostbite, etc.) received or incurred by participating in the bodysurfing contest. My release is also given for the reproduction of any photographs taken of me or including me in media coverage. I certify that I will never sue the SCBSA or the contest sponsors for any reason, and that if I even mention the word "lawsuit" while on the beach or in the waves, anyone, anytime can drop in on me, rip my fins off and hold me under water for two or more minutes.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Must be signed by Parent if under 18 years of age)

## **PRE-CONTEST PARTY: FRIDAY, OCTOBER 19**

5 pm @ Sunny Cove If you get to town early, come by and hang-out, maybe catch some waves, get stoked.

7 pm @ Aloha Island Grille Walk from Sunny Cove. 17<sup>th</sup> Ave and Portola Drive

## **CONTEST DAY: SATURDAY, OCTOBER 20**

8 am @ Lagunas Contest check-in. First heat in the water at 8:30 am. Last heat usually ends at noon.

2 pm @ Sunny Cove: Pure and Tandem divisions. Sign up with Contest Director.

5 pm @ Sunny Cove: Award Ceremony for all divisions.

6 pm @ Sunny Cove: Post contest BBQ. BYOB (no glass) and a dish to share if you can.

## **EXPRESSION SESSION & BRUNCH: SUNDAY, OCTOBER 21.**

9 am @ Expression session at 26<sup>th</sup> Avenue. Park in the Moran Lagoon parking lot.

11 am @ Tish Denevan's house Walk over from the expression session: Pancake Brunch and Hot Shower

JOIN US FOR ALL OR SOME OF THE FUN EVENTS PLANNED FOR THE WEEKEND OF  
OCTOBER 19-21.

TAKE NOTE OF THE BEST PLACES TO STAY AND EAT IN THE CONTEST AREA.

### **HOTEL GUIDE (SEE MAP)**

BEST PRICE: National 9 831-426-4515 (A)

BEST LOCATION: Ocean Echo (at Sunny Cove) 831-462-4192 (make reservations early!). (B)

BEST VIEW/HOT TUB: Coast Santa Cruz Hotel 831-426-4330 (On the beach at the Santa Cruz Wharf with views of Steamer lane. Get a room on 3<sup>rd</sup> floor or higher. Great pool, hot tub, Sunday Brunch but you'll pay for it). (C)

BEST FRIDAY NIGHT SLEEP: Mission Inn 831-425-5455 or Sunset Inn 831-466-0575 (on the way to Lagunas, good if you get in to town late, but don't stay here Saturday night 'cause it's a long way in traffic to/from Sunny Cove). (D)

BEST FOR VISITING THE BOARDWALK: Carousel Motel 831-425-7090 (E)

### **FOOD GUIDE (SEE MAP)**

BEST CHEAP MEXICAN FOOD: Taqueria Vallarta 893 41<sup>st</sup> Avenue, or 608 Soquel Avenue (1)

BEST PIZZA: Pleasure Pizza 4000 Portola Drive (2)

BEST BREAKFAST: HARBOR CAFÉ 535 7<sup>th</sup> Ave. (3)

BEST SUNDAY BRUNCH: Tish Denevan's House near 26<sup>th</sup> Avenue (4)

BEST MARGARITAS AND NACHOS: Café Palomar 2222 East Cliff Drive at the Harbor (5)

BEST BBQ: Cole's BBQ 2590 Portola Drive (6)

BEST SALAD/HEALTHY FAST FOOD: Hank's at the Hook 800 41<sup>st</sup> Ave(7)

BEST ITALIAN: Star Bene 1245 East Cliff Drive (8)

BEST DONUTS: Ferrell's: opens early for coffee and donuts on your way to Lagunas: 2227 Mission (9)

BEST COFFEE: Mad Jacks CoffeeHouse: in the shopping center across from Sunny Cove, on Portola Drive (10)

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2007 SCBSA T-shirts on Sale Limited Supply!

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SAVE OUR SHORES, a central coast marine conservation non-profit, will be represented at this year's event. We support their work to reduce beach litter and marine pollution and hope you will too. You can learn more about this worthy organization and even donate directly at [www.saveourshores.org](http://www.saveourshores.org).